

3rd Annual

Fastpitch Hitting Clinic for 9-13yr olds

Starts in October 2010 at Extra Innings In Brooklyn Park

Days : Sundays at 6pm to 7pmOffered 3 times monthly

Price : Per session \$10 and \$15 per family of 2 or more.

OR.....Pay \$25 each month per kid/\$40 per family

*******Bring a Davanni's receipt get 1/2 off that session*******

Or pay by check \$125 each for the 6 months (17 sessions)

Sponsored by 10U & 12U coaches

All players planning on playing Fastpitch in 2011 are encouraged to attend Especially those wanting to move into Traveling Fastpitch 10U & 12U in 2011 This will be taught by the 10U & 12U Traveling coaches and some guest instructors..... We will be asking for parents help !

Method : 2 cages 3-4 stations in Oct-Dec 2010...Hitting Speeds 38-44 MPH(35ft)
3 cages 5 stations Jan-March 2011..... Hitting Speeds 45-50 MPH(40ft)

DATES : (17 sessions)

October..... 10,17, 24 (start 2 cages)

November..... 7, 14, 21

December..... 5, 12, 19

January9, 16, 23 (start 3 cages)

**Extra Innings is located at
Hwy 169 & 93rd Ave N in Brooklyn Park
9230 Xylon Ave N**

February..... ..13, 20, 27

March6, 13

Questions: softball@arsports.org or sponsorship@arsports.org.

Or call Mark Wilson at 612-272-9891

Fall & Winter 2010 – 2011

Hitting Clinic sign up form

Player: _____ Age: _____

Parent Name: _____

Contact Number: _____ Email Address: _____

***** All checks made out to Extra Innings *****

This clinic is open to all ARAA Kids & Guests 10U & 12U ages

**Registration can be mailed to: Mark Wilson
14761 Erkium St Nw
Ramsey Mn 55303**